

THE ABBREVIATED DAILY OFFICE:  
A PRAYERBOOK FOR THE WILDERNESS



# A TIME OF CONFESSION, SCRIPTURE, AND PRAYER

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# IN THE MORNING

## I. CONFESSION

### AN OPENING SENTENCE

Let the words of my lips  
and the meditation of my heart  
be acceptable in your sight,  
O Lord, my rock and my Redeemer. PSALM 19:14

### A REQUEST TO GOD FOR CLEANSING

Almighty God,  
to you all hearts are open,  
all desires known,  
and from you no secrets are hid.  
Cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name,  
through Jesus Christ our Lord. Amen.

## A CONFESSION TO GOD

Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son our Lord Jesus Christ,  
have mercy upon us,  
forgive us our sins,  
and by the power of your Holy Spirit  
raise us up to serve you in newness of life,  
to the glory of your Name. Amen.

## A REQUEST TO GOD FOR RENEWAL

Grant to your faithful people, merciful Lord,  
pardon and peace.  
That we may be cleansed from all our sins,  
and serve you with a quiet mind.  
Through Jesus Christ our Lord. Amen.

## II. SCRIPTURE

### A PSALM FROM SCRIPTURE

#### PSALM 130

Out of the deep have I called unto you, O Lord;  
Lord, hear my voice.

O let your ears consider well  
the voice of my supplications.

If you, Lord, were to mark what is done amiss,  
O Lord, who could abide it?

For there is mercy with you;  
therefore you shall be feared.

I wait for the Lord;  
my soul waits for him;  
in his word is my trust.

My soul waits for the Lord,  
more than watchmen for the morning,  
more than watchmen for the morning.

O Israel, trust in the Lord,  
for with the Lord there is mercy,  
and with him is plenteous redemption;  
And he shall redeem Israel from all their sins.

## A READING FROM SCRIPTURE

For what we proclaim is not ourselves,  
but Jesus Christ as Lord,  
with ourselves as your servants for Jesus' sake.  
For God, who said, "Let light shine out of darkness,"  
has shone in our hearts  
to give the light of the knowledge of the glory of God  
in the face of Jesus Christ.

2 CORINTHIANS 4:5-6

## A SONG FROM SCRIPTURE

*Splendor and honor and kingly power  
are yours by right, O Lord our God,  
For you created everything that is,  
and by your will they were created  
and have their being;  
And yours by right, Lamb that was slain,  
for with your blood you have redeemed for God,  
from every family, language, people, and nation,  
a kingdom of priests to serve our God.  
And so, to him who sits upon the throne,  
and to Christ the Lamb,*

*be worship and praise, dominion and splendor,  
for ever and for evermore. Amen.*

*REVELATION 4:11, 5:9-10, 13*

## THE APOSTLES' CREED—A SUMMARY OF SCRIPTURE

I believe in God,  
the Father almighty, creator of heaven and earth.

I believe in Jesus Christ,  
his only Son, our Lord.

He was conceived by the Holy Spirit  
and born of the Virgin Mary.

He suffered under Pontius Pilate,  
was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven,  
and is seated at the right hand of the Father.

He will come again to judge  
the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,

the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

### III. PRAYER

#### THE JESUS PRAYER—THE PRAYER OF FAITH

Lord Jesus Christ,  
Son of the living God,  
have Mercy on me,  
a sinner.

#### THE LORD'S PRAYER—THE PRAYER OF HOPE

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,



but deliver us from evil.

For thine is the kingdom, and the power,  
and the glory, for ever and ever.

Amen.

## THE GENERAL THANKSGIVING—THE PRAYER OF LOVE

Almighty God, Father of all mercies,  
we your unworthy servants

give you humble thanks

for all your goodness and loving-kindness  
to us and to all whom you have made.

We bless you for our creation, preservation,  
and all the blessings of this life;

but above all for your immeasurable love  
in the redemption of the world

by our Lord Jesus Christ;

For the means of grace, and for the hope of glory.

And, we pray,

give us such an awareness of your mercies,

that with truly thankful hearts

we may show forth your praise,

not only with our lips,  
but in our lives,  
by giving up our selves to your service,  
and by walking before you in holiness and righteousness  
all our days;  
Through Jesus Christ our Lord,  
to whom, with you and the Holy Spirit,  
be honor and glory throughout all ages. Amen.

## THE PRAYER FOR MISSION

Lord Jesus Christ,  
you stretched out your arms of love  
on the hard wood of the Cross  
that everyone might come within the reach  
of your saving embrace:  
So clothe us in your Spirit that we,  
reaching forth our hands in love,  
may bring those who do not know you  
to the knowledge and love of you;  
for the honor of your Name. Amen.

## A PRAYER FOR THE TIME OF DAY

O God, the author of peace and lover of concord,  
to know you is eternal life  
and to serve you is perfect freedom:  
Defend us, your humble servants,  
in all assaults of our enemies;  
that we, surely trusting in your defense,  
may not fear the power of any adversaries,  
through the might of Jesus Christ our Lord. Amen.

## A TIME OF PRAYER FOR THE NEEDS OF THE DAY

### CLOSING SENTENCE

“If anyone would come after me,  
let him deny himself  
and take up his cross and follow me.  
For whoever would save his life will lose it,  
but whoever loses his life for my sake and the gospel's  
will save it.”      MATTHEW 16:24

## ENDING ACCLAMATION

We proclaim the mystery of our faith.

*Christ has died,*

*Christ is risen,*

*Christ will come again.*

# IN THE MIDDLE OF THE DAY

## I. CONFESSION

### AN OPENING SENTENCE

Make haste, O God, to deliver me.

O LORD, make haste to help me.

PSALM 70:1

### A REQUEST TO GOD FOR CLEANSING

Almighty God,

to you all hearts are open,

all desires are known,

and from you no secrets are hid,

cleanse the thoughts of our hearts

by the inspiration of your Holy Spirit,

that we may perfectly love you

and worthily magnify your holy name,

through Jesus Christ our Lord,

Amen.

## A CONFESSION TO GOD

Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry  
and we humbly repent.  
For the sake of your Son our Lord Jesus Christ,  
have mercy upon us, forgive us our sins,  
and by the power of your Holy Spirit  
raise us up to serve you in newness of life,  
to the glory of your Name. Amen.

## A REQUEST TO GOD FOR RENEWAL

Grant to your faithful people, merciful Lord,  
pardon and peace.  
That we may be cleansed from all our sins,  
and serve you with a quiet mind.  
Through Jesus Christ our Lord. Amen.

## II. SCRIPTURE

### A PSALM FROM SCRIPTURE

#### PSALM 121

I will lift up my eyes unto the hills;  
from whence comes my help?

My help comes from the Lord,  
who has made heaven and earth.

He will not let your foot be moved,  
and he who keeps you will not sleep.

Behold,

he who keeps Israel shall neither slumber nor sleep.

The Lord himself is your keeper;

the Lord is your defense upon your right hand,

So that the sun shall not burn you by day,  
neither the moon by night.

The Lord shall preserve you from all evil;  
indeed, it is he who shall keep your soul.

The Lord shall preserve your going out  
and your coming in, from this time forth for evermore.

## A READING FROM SCRIPTURE

I have been crucified with Christ.

It is no longer I who live,  
but Christ who lives in me.

And the life I now live in the flesh  
I live by faith in the Son of God,  
who loved me and gave himself for me.

GALATIANS 2:20

## A SONG FROM SCRIPTURE

*Surely, it is God who saves me;*

*I will trust in him and not be afraid.*

*For the Lord is my stronghold*

*and my sure defense,*

*and he will be my Savior.*

*Therefore you shall draw water with rejoicing  
from the springs of salvation.*

*And on that day you shall say,*

*Give thanks to the Lord and call upon his Name;*

*Make his deeds known among the peoples;*

*see that they remember that his Name is exalted.*

*Sing the praises of the Lord, for he has done great things,*



*and this is known in all the world.  
Cry aloud, inhabitants of Zion,  
ring out your joy,  
for the great one in the midst of you  
is the Holy One of Israel.*

*ISAIAH 12:6*

## THE APOSTLES' CREED—A SUMMARY OF SCRIPTURE

I believe in God, the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ,  
his only Son, our Lord.

He was conceived by the Holy Spirit  
and born of the Virgin Mary.

He suffered under Pontius Pilate,  
was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven,  
and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

### III. PRAYER

#### THE JESUS PRAYER—THE PRAYER OF FAITH

Lord Jesus Christ,  
Son of the Living God,  
have Mercy on me,  
a sinner.

#### THE LORD'S PRAYER—THE PRAYER OF HOPE

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.

And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.

## THE GENERAL THANKSGIVING—THE PRAYER OF LOVE

Almighty God, Father of all mercies,  
we your unworthy servants  
give you humble thanks  
for all your goodness and loving-kindness  
to us and to all whom you have made.  
We bless you for our creation, preservation,  
and all the blessings of this life;  
but above all for your immeasurable love  
in the redemption of the world  
by our Lord Jesus Christ;  
For the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies,  
that with truly thankful hearts  
we may show forth your praise,  
not only with our lips,  
but in our lives,  
by giving up our selves to your service,  
and by walking before you in holiness and righteousness  
all our days;  
Through Jesus Christ our Lord,  
to whom, with you and the Holy Spirit,  
be honor and glory throughout all ages. Amen.

## THE PRAYER FOR MISSION

Blessed Savior,  
at this hour you hung upon the Cross,  
stretching out your loving arms:  
Grant that all the peoples of the earth  
may look to you and be saved,  
for your tender mercies sake.

## A PRAYER FOR THE TIME OF DAY

O God, the King of glory,  
you have exalted your only Son, Jesus Christ  
with great triumph to your kingdom in heaven:  
Do not leave us comfortless,  
but send us your Holy Spirit  
to strengthen us, and exalt us to that place  
where our Savior Christ has gone before;  
who lives and reigns with you and the Holy Spirit,  
one God, in glory everlasting. Amen.

## CLOSING SENTENCE

“I have said these things to you,  
that in me you may have peace.  
In the world you will have tribulation.  
But take heart; I have overcome the world.”

JOHN 16:33

## ENDING ACCLAMATION

We proclaim the mystery of our faith.

*Christ has died,*

*Christ is risen,*

*Christ will come again.*

# IN THE EARLY EVENING

## I. CONFESSION

### OPENING SENTENCE

Create in me a clean heart, O God.  
And renew a right Spirit within me.  
PSALM 51:10

### A REQUEST TO GOD FOR CLEANSING

Almighty God,  
to you all hearts are open,  
all desires are known,  
and from you no secrets are hid.  
Cleanse the thoughts of our hearts  
by the inspiration of your holy spirit,  
that we may perfectly love you  
and worthily magnify your holy name.  
Through Jesus Christ, Our Lord. Amen.

### A CONFESSION TO GOD

Most merciful God,

we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son our Lord Jesus Christ,  
have mercy upon us,  
forgive us our sins,  
and by the power of your Holy Spirit  
raise us up to serve you in newness of life,  
to the glory of your Name. Amen.

#### A REQUEST TO GOD FOR RENEWAL

Grant to your faithful people,  
merciful Lord,  
pardon and peace;  
that we may be cleansed from all our sins,  
and serve you with a quiet mind;  
through Jesus Christ our Lord. Amen



## II. SCRIPTURE

### A PSALM FROM SCRIPTURE

#### PSALM 126

When the Lord overturned the captivity of Zion,  
then were we like those who dream.

Then was our mouth filled with laughter  
and our tongue with shouts of joy.

Then they said among the nations,  
“The Lord has done great things for them.”

Indeed, the Lord has done great things for us already,  
whereof we rejoice.

Overturn our captivity, O Lord,  
as when streams refresh the deserts of the south.  
Those who sow in tears shall reap with songs of joy.  
He who goes on his way weeping and bears good seed  
shall doubtless come again with joy,  
and bring his sheaves with Him.

### A READING FROM SCRIPTURE

Therefore, since we are surrounded  
by so great a cloud of witnesses,

let us also lay aside every weight, and sin  
which clings so closely,  
and let us run with endurance  
the race that is set before us,  
looking to Jesus, the founder and perfecter of our faith,  
who for the joy that was set before him  
endured the cross,  
despising the shame,  
and is seated at the right hand of the throne of God.  
HEBREWS 12:1-2

## A SONG FROM SCRIPTURE

*Alleluia.*

*Christ our Passover has been sacrificed for us;  
therefore let us keep the feast,*

*Not with the old leaven, the leaven of malice and evil,  
but with the unleavened bread of sincerity and truth.*

*Alleluia.*

*Christ being raised from the dead  
will never die again;*

*death no longer has dominion over him.*

*The death that he died, he died to sin,*

*once for all;  
but the life he lives, he lives to God.  
So also consider yourselves dead to sin,  
and alive to God  
in Jesus Christ our Lord.*

*Alleluia.*

*Christ has been raised from the dead,  
the first fruits of those who have fallen asleep.  
For since by a man came death,  
by a man has come also the resurrection of the dead.  
For as in Adam all die,  
so also in Christ shall all be made alive.*

*Alleluia.*

1CORINTHIANS 5:7-8; ROMANS 6:9-11; 1 CORINTHIANS 15:20:22

## THE APOSTLES' CREED—THE SUMMARY OF SCRIPTURE

I believe in God,  
the Father almighty,  
creator of heaven and earth.  
I believe in Jesus Christ,  
his only Son, our Lord.

He was conceived by the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again  
to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

### III. PRAYER

#### THE JESUS PRAYER—THE PRAYER OF FAITH

Lord Jesus Christ,  
Son of the Living God,  
have Mercy on me,  
a sinner.

#### THE LORD'S PRAYER—THE PRAYER OF HOPE

Our Father,  
who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power,

and the glory,  
for ever and ever.  
Amen.

## THE GENERAL THANKSGIVING

Almighty God, Father of all mercies,  
we your unworthy servants  
give you humble thanks  
for all your goodness and loving-kindness  
to us and to all whom you have made.  
We bless you for our creation, preservation,  
and all the blessings of this life;  
but above all for your immeasurable love  
in the redemption of the world  
by our Lord Jesus Christ;  
For the means of grace, and for the hope of glory.  
And, we pray,  
give us such an awareness of your mercies,  
that with truly thankful hearts  
we may show forth your praise,  
not only with our lips,  
but in our lives,

by giving up our selves to your service,  
and by walking before you in holiness and righteousness  
all our days;  
Through Jesus Christ our Lord,  
to whom, with you and the Holy Spirit,  
be honor and glory throughout all ages. Amen.

### THE PRAYER OF MISSION

Keep watch, dear Lord,  
with those who work, or watch, or weep this night,  
and give your angels charge over those who sleep.  
Tend the sick, Lord Christ;  
give rest to the weary,  
bless the dying,  
soothe the suffering,  
pity the afflicted,  
shield the joyous;  
and all for your love's sake.  
Amen.

## A PRAYER FOR THE TIME OF DAY

Lord Jesus,

stay with us,

for evening is at hand and the day is past;

be our companion in the way,

kindle our hearts, and awaken hope,

that we may know you

as you are revealed in Scripture

and the breaking of bread.

Grant this for the sake of your love. Amen.

## CLOSING SENTENCE

“Come to me, all who labor

and are heavy laden,

and I will give you rest.

Take my yoke upon you, and learn from me,

for I am gentle and lowly in heart,

and you will find rest for your souls.

For my yoke is easy, and my burden is light.”

MATTHEW 11:28



## ENDING ACCLAMATION

We proclaim the mystery of our faith.

*Christ has died,*

*Christ is risen,*

*Christ will come again.*

# AT BEDTIME

## I. CONFESSION

### OPENING SENTENCE

One thing have I asked of the Lord,  
that will I seek after:  
that I may dwell in the house of the Lord  
all the days of my life, to gaze  
upon the beauty of the Lord  
and to inquire in his temple. PSALM 27:4

### REQUEST TO GOD FOR CLEANSING

Almighty God  
to you all hearts are open, all desires known,  
And from you no secrets are hid.  
Cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you  
and worthily magnify your holy name,  
through Jesus Christ our Lord.  
Amen.

## A CONFESSION TO GOD

Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry  
and we humbly repent.  
For the sake of your Son  
our Lord Jesus Christ,  
have mercy upon us,  
forgive us our sins,  
and by the power of your Holy Spirit  
raise us up to serve you in newness of life,  
to the glory of your Name. Amen.

## A REQUEST FOR RENEWAL

Grant to your faithful people,  
merciful Lord,  
pardon and peace,

that we may be cleansed from all our sins,  
and serve you with a quiet mind.  
Through Jesus Christ our Lord.

## II. SCRIPTURE

### A PSALM FROM SCRIPTURE

#### PSALM 124

If the Lord himself had not been on our side,  
now may Israel say:  
if the Lord himself had not been on our side,  
when men rose up against us,  
Then would they have swallowed us up alive,  
when they were so wrathfully displeased with us  
Then the waters would have drowned us,  
and the torrent gone over us;  
then the raging waters would have gone clean over us.  
But praised be the Lord,  
who has not given us over to be prey for their teeth.  
We escaped like a bird out of the snare of the fowler;  
the snare is broken, and we have been delivered.  
Our help is in the Name of the Lord,

the maker of heaven and earth.

### A READING FROM SCRIPTURE

See what kind of love the Father has given to us,  
that we should be called children of God;  
and so we are.

The reason why the world does not know us  
is that it did not know him.

Beloved, we are God's children now,  
and what we will be has not yet appeared;  
but we know that when he appears  
we shall be like him,  
because we shall see him as he is.

And everyone who thus hopes in him  
purifies himself  
as he is pure. 1 JOHN 3:1-5

### A SONG FROM SCRIPTURE

*My soul magnifies the Lord,  
and my spirit rejoices in God my Savior;  
For he has regarded the lowliness of his handmaiden.  
For behold, from now on, all generations*

*will call me blessed;*

*For he that is mighty has magnified me, and holy  
is his Name.*

*And his mercy is on those who fear him,  
throughout all generations.*

*He has shown the strength of his arm;  
he has scattered the proud in the imagination of their  
hearts.*

*He has brought down the mighty from their thrones,  
and has exalted the humble and meek.*

*He has filled the hungry with good things  
and the rich he has sent empty away.*

*He, remembering his mercy, has helped his servant Israel,  
as he promised to our fathers,  
Abraham and his seed  
for ever.*

### III. PRAYER

#### THE JESUS PRAYER–THE PRAYER OF FAITH

Lord Jesus Christ,  
Son of the Living God,  
have Mercy on me,  
a sinner.

#### THE LORD’S PRAYER–THE PRAYER OF HOPE

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass  
against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power,

and the glory,  
for ever and ever. Amen.

## THE GENERAL THANKSGIVING—THE PRAYER OF LOVE

Almighty God, Father of all mercies,  
we your unworthy servants  
give you humble thanks  
for all your goodness and loving-kindness  
to us and to all whom you have made.  
We bless you for our creation, preservation,  
and all the blessings of this life;  
but above all for your immeasurable love  
in the redemption of the world  
by our Lord Jesus Christ;  
For the means of grace, and for the hope of glory.  
And, we pray,  
give us such an awareness of your mercies,  
that with truly thankful hearts  
we may show forth your praise,  
not only with our lips,  
but in our lives,



by giving up our selves to your service,  
and by walking before you in holiness and righteousness  
all our days;  
Through Jesus Christ our Lord,  
to whom, with you and the Holy Spirit,  
be honor and glory throughout all ages. Amen.

### THE PRAYER OF MISSION

Dear Lord and Savior Jesus Christ:

I hold up all my weakness to your strength,  
my failure to your faithfulness,  
my sinfulness to your perfection,  
my loneliness to your compassion,  
my little pains to your great agony on the Cross.  
I pray that you will cleanse me, strengthen me,  
guide me,  
so that in all ways my life may be lived  
as you would have it lived,  
without cowardice and for you alone.  
Show me how to live in true humility,  
true contrition, and true love.  
Amen.

## A PRAYER FOR THE TIME OF DAY

Lighten our darkness, we beseech you, O Lord;  
and by your great mercy  
defend us from all perils and dangers of this night;  
for the love of your only Son,  
our Savior  
Jesus Christ.  
Amen.

## CLOSING SENTENCE

“Behold,  
I stand at the door and knock.  
If anyone hears my voice and opens the door,  
I will come to him and eat with him,  
and he with me.” REVELATION 3:20

## ENDING ACCLAMATION

We proclaim the mystery of our faith.

*Christ has died,*

*Christ is risen,*

*Christ will come again.*

## PRAYERS BEFORE THE CROSS

By the Cross we are redeemed, set free from bondage to sin and death. The Cross is a sign of God's never-ending love for us. It is a sign of life, in the midst of death.

The Offering of Christ once made is perfect redemption, propitiation, and satisfaction, for all the sins of the whole world, both original and actual; and there is none other satisfaction for sin, but that alone.

Behold the wood of the Cross, on which was hung the world's Salvation.

*O come, let us adore him.*

*We glory in your Cross, O Lord,  
and praise and glorify your holy resurrection;  
for by virtue of your Cross  
joy has come to the whole world.  
May God be merciful to us and bless us,  
show us the light of his countenance, and come to us.*

*Let your ways be known upon earth,  
your saving health among all nations.*

*Let the peoples praise you, O God;  
let all the peoples praise you.*

*We glory in your Cross, O Lord,  
and praise and glorify your holy resurrection;  
for by virtue of your Cross  
joy has come to the whole world.*

*We adore you, O Christ, and we bless you,  
because by your holy Cross you have redeemed the world.  
If we have died with him, we shall also live with him;  
if we endure, we shall also reign with him.*

*We adore you, O Christ, and we bless you,  
because by your holy Cross you have redeemed the world.*

Lord Jesus Christ, Son of the living God, we pray you to set your passion, Cross, and death between your judgment and our souls, now and in the hour of our death. Give mercy and grace to the living; peace and rest to the dead; to your holy Church unity and concord; and to us sinners everlasting life and glory; for with the Father and the Holy Spirit you live and reign, one God, now and for ever. Amen.

For our sins he was lifted high upon the Cross, that he might draw the whole world to himself; and by his suffering and death he became the author of eternal salvation for all who put their trust in him.

We shall not be ashamed to confess the faith of Christ crucified, to fight bravely under his banner against the world, the flesh, and the devil, and to continue as his faithful soldier and servant to the end of your days. Amen.

Holy and gracious Father: In your infinite love you made us for yourself; and when we had sinned against you and become subject to evil and death, you, in your mercy, sent your only Son Jesus Christ into the world for our salvation. By the Holy Spirit and the Virgin Mary he became flesh and dwelt among us. In obedience to your will, he stretched out his arms upon the Cross and offered himself once for all, that by his suffering and death we might be saved. By his resurrection he broke the bonds of death, trampling Hell and Satan under his feet. As our great high priest,

he ascended to your right hand in glory, that we might come with confidence before the throne of grace.

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the Cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. Amen.

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the Cross, may find it none other than the way of life and peace; through Jesus Christ our Lord. Amen.

O God, your blessed Son became poor for our sake, and chose the Cross over the kingdoms of this world: Deliver us from an inordinate love of worldly things, that we, inspired by the devotion of your servants may seek you with singleness of heart, behold your glory by

faith, and attain to the riches of your everlasting kingdom, where we shall be united with our Savior Jesus Christ; who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

Pour your grace into our hearts, O Lord, that we who have known the incarnation of your Son Jesus Christ, announced by an angel to the Virgin Mary, may by his Cross and passion be brought to the glory of his resurrection; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

O God, who for our redemption gave your only begotten Son to die upon the Cross, and by his glorious resurrection delivered us from the devil and the power of death: Grant us grace to die daily to sin, that we may live with him in the joy of his resurrection; who lives and reigns with you and the Holy Spirit, now and for ever. Amen.

Dear Lord and Savior Jesus Christ: I hold up all my weakness to your strength, my failure to your faithfulness, my sinfulness to your perfection, my



loneliness to your compassion, my little pains to your great agony on the Cross. I pray that you will cleanse me, strengthen me, guide me, so that in all ways my life may be lived as you would have it lived, without cowardice and for you alone. Show me how to live in true humility, true contrition, and true love. Amen.

O God, who before the passion of your only-begotten Son revealed his glory upon the holy mountain: Grant that we, beholding by faith the light of his countenance, may be strengthened to bear our cross, and be changed into his likeness from glory to glory; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

# PRAYERS OF REPENTANCE

Let us humbly confess our sins to Almighty God.

*Most holy and merciful Father,  
we confess to you, and to one another,  
and to the whole communion of saints  
in heaven and on earth,  
that we have sinned, through our own fault  
in thought, word, and deed;  
by what we have done, and by what we have left undone.  
We have not loved you with our whole heart, and mind,  
and strength.  
We have not loved our neighbors as ourselves.  
We have not forgiven others, as we have been forgiven.  
We have been deaf to your call to serve, as Christ served  
us. We have not been true to the mind of Christ.  
We have grieved your Holy Spirit.  
Lord, have mercy upon us:  
For we have sinned against you.*

For all our unfaithfulness and disobedience; for the pride, vanity, and hypocrisy of our lives; Lord, have mercy upon us:

*For we have sinned against you.*

For our self-pity and impatience, and our envy of those we think more fortunate than ourselves; Lord, have mercy upon us:

*For we have sinned against you.*

For our unrighteous anger, bitterness, and resentment; for all lies, gossip, and slander against our neighbors; Lord, have mercy upon us:

*For we have sinned against you.*

For our sexual impurity, our exploitation of other people, and our failure to give of ourselves in love;

Lord, have mercy upon us:

*For we have sinned against you.*

For our self-indulgent appetites and ways, and our intemperate pursuit of worldly goods and comforts; Lord, have mercy upon us:

*For we have sinned against you*

For our dishonesty in daily life and work, our ingratitude for your gifts, and our failure to heed your call. Lord, have mercy upon us:

*For we have sinned against you.*

For our blindness to human need and suffering, and our indifference to injustice and cruelty; Lord, have mercy upon us:

*For we have sinned against you.*

For our wastefulness and misuse of your creation, and our lack of concern for those who come after us; Lord, have mercy upon us:

*For we have sinned against you.*

For all false judgments, for prejudice and contempt of others, and for all uncharitable thoughts toward our neighbors; Lord, have mercy upon us:

*For we have sinned against you.*

For our negligence in prayer and worship; for our presumption and abuse of your means of grace; Lord, have mercy upon us:

*For we have sinned against you.*

For seeking the praise of others rather than the approval of God; Lord, have mercy upon us:

*For we have sinned against you.*

For our failure to commend the faith that is in us; Lord, have mercy upon us:

*For we have sinned against you.*

Show favor to your people, O Lord, who turn to you in weeping, fasting, and prayer. For you are a merciful God, full of compassion, long-suffering, and abounding in steadfast love. You spare when we deserve

punishment, and in your wrath you remember mercy. Spare your people, good Lord, spare us; in the multitude of your mercies, look upon us and forgive us; through the merits and mediation of your blessed Son Jesus Christ our Lord. Amen.

Almighty God, our heavenly Father, who in his great mercy has promised forgiveness of sins to all those who sincerely repent and with true faith turn to him, have mercy upon us, pardon and deliver us from all your sins, confirm and strengthen us in all goodness, and bring us to everlasting life; through Jesus Christ our Lord. Amen.

*Come to me, all who labor and are heavy laden, and I will give you rest. MATTHEW 11:28*

*God so loved the world, that he gave his only-begotten Son, that whoever believes in him should not perish but have eternal life. JOHN 3:16*

*The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to*

*save sinners.* 1 TIMOTHY 1:15

*If anyone sins, we have an advocate with the Father, Jesus Christ the righteous. He is the propitiation for our sins, and not for ours only, but also for the sins of the whole world.* 1 JOHN 2:1-2

*O Lord our God, grant us grace to desire you with our whole heart: that desiring you, we may seek you; and that seeking you, we may find you; and that finding you, we may love you; and that loving you, we may hate those sins from which you have delivered us; through Jesus Christ our Lord. Amen.*

## PRAYERS OF INTERCESSION

O God the Father, Creator of heaven and earth,  
*Have mercy upon us.*

O God the Son, Redeemer of the world,  
*Have mercy upon us.*

O God the Holy Spirit, Sanctifier of the faithful,  
*Have mercy upon us.*

O holy, blessed, and glorious Trinity, one God,  
*Have mercy upon us.*

Remember not, Lord Jesus, our offenses, nor the offenses of our forebears; neither reward us according to our sins.

*Spare us, good Lord, spare your people, whom you have redeemed with your most precious blood, and by your mercy preserve us for ever.*

*Spare us, good Lord.*

From all evil and wickedness; from sin, from the works and assaults of the devil; from your wrath and everlasting condemnation,

*Good Lord, deliver us.*



From all blindness of heart; from pride, vanity, and hypocrisy;

from envy, hatred, and malice; and from all lack of charity,

*Good Lord, deliver us.*

From all disordered and sinful affections; and from all the deceits of the world, the flesh, and the devil,

*Good Lord, deliver us.*

From all false doctrine, heresy, and schism; from hardness of heart, and contempt of your Word and commandments,

*Good Lord, deliver us.*

From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine,

*Good Lord, deliver us.*

From all oppression, conspiracy, and rebellion; from violence, battle, and murder; and from dying suddenly and unprepared,

*Good Lord, deliver us.*

By the mystery of your holy incarnation; by your holy nativity and submission to the Law; by your baptism, fasting, and temptation,

*Good Lord, deliver us.*

By your agony and bloody sweat; by your Cross and passion; by your precious death and burial,

*Good Lord, deliver us.*

By your glorious resurrection and ascension; by the sending of the Holy Spirit; by your heavenly intercession; and by your coming again in power and great glory,

*Good Lord, deliver us.*

In all times of tribulation; in all times of prosperity; in the hour of death, and in the day of judgment,

*Good Lord, deliver us.*

We sinners beseech you to hear us, O Lord God: That it may

please you to rule and govern your holy Church universal in the right way,

*We beseech you to hear us, good Lord*

To illumine all Bishops, Priests, and Deacons, with true knowledge and understanding of your Word; and that, both by their preaching and living, they may show it accordingly,

*We beseech you to hear us, good Lord.*

To send forth laborers into your harvest; to prosper their work by your Holy Spirit; to make your saving health known unto all nations; and to hasten the coming of your kingdom,

*We beseech you to hear us, good Lord.*

To give all your people increase of grace to hear your Word with humility, to receive it with pure affection, and to bring forth the fruit of the Spirit,

*We beseech you to hear us, good Lord.*

To bring into the way of truth all who have erred and are deceived,

*We beseech you to hear us, good Lord.*

To give us a heart to love and fear you, and diligently to keep your commandments,

*We beseech you to hear us, good Lord.*

To bless and keep all your people,

*We beseech you to hear us, good Lord.*

That it may please you to rule the hearts of your servant N, the President/Sovereign/Prime Minister, and all others in authority, that they may do justice, and show mercy, and walk humbly before you,

*We beseech you to hear us, good Lord.*

To bless and guide all judges, giving them grace to execute justice, and to maintain truth,

*We beseech you to hear us, good Lord.*

To bless and keep our armed forces by sea, and land, and air, and to shield them in all dangers and adversities,

*We beseech you to hear us, good Lord.*

To bless and protect all who serve their communities by their labor and learning,

*We beseech you to hear us, good Lord.*

To give and preserve for us and for others the bountiful fruits of the earth, so that at the harvest we all may enjoy them,

*We beseech you to hear us, good Lord.*

To make wars to cease in all the world, and to give to all nations unity, peace, and concord,

*We beseech you to hear us, good Lord.*

That it may please you to show mercy on all prisoners and captives; refugees, the homeless, and the hungry; and all those who are desolate and oppressed,

*We beseech you to hear us, good Lord.*

To preserve all who are in danger by reason of their work or travel,

*We beseech you to hear us, good Lord.*

To strengthen the bonds of those in Holy Matrimony;  
to uphold the widowed and abandoned; and to comfort  
all whose homes are torn by strife,

*We beseech you to hear us, good Lord.*

To protect the unborn and their parents, and to  
preserve all women in childbirth;

*We beseech you to hear us, good Lord.*

To care for those who have lost children or face  
infertility, and

to provide for young children and orphans,

*We beseech you to hear us, good Lord.*

To visit the lonely and those who grieve; to strengthen  
all who suffer in mind, body, or spirit; and to comfort  
with your presence those who are failing and infirm,

*We beseech you to hear us, good Lord.*

To support, help, and deliver all who are in danger,  
necessity, and tribulation,

*We beseech you to hear us, good Lord.*

To have mercy upon all people,

*We beseech you to hear us, good Lord.*

That it may please you to give us true repentance; to forgive us all our sin, negligence, and ignorance; and to endue us with the grace of your Holy Spirit to amend our lives according to your holy Word,

*We beseech you to hear us, good Lord.*

To forgive our enemies, persecutors, and slanderers, and to turn their hearts,

*We beseech you to hear us, good Lord.*

To strengthen those who stand; to encourage the faint-hearted; to raise up those who fall; and finally to beat down Satan under our feet,

*We beseech you to hear us, good Lord.*

To grant to all the faithful departed eternal life and peace,

*We beseech you to hear us, good Lord.*

To grant that, in the fellowship of all the saints, we may attain to your heavenly kingdom,

*We beseech you to hear us, good Lord.*

Son of God, we beseech you to hear us.

*Son of God, we beseech you to hear us.*

O Lamb of God, you take away the sin of the world;

*Have mercy upon us.*

O Lamb of God, you take away the sin of the world;  
*Have mercy upon us.*

O Lamb of God, you take away the sin of the world;  
*Grant us your peace.*

O Christ, hear us.

*O Christ, hear us.*

Lord, have mercy upon us.

*Christ, have mercy upon us.*

Lord, have mercy upon us.

O Lord, show us your love and mercy;

*For we have put our trust in you.*

Almighty God, you have promised to hear the petitions of those who ask in the Name of your Son: Mercifully incline your ear to us who have made our prayers and supplications to you; and grant that what we have asked faithfully, according to your will, we may obtain effectually, for the relief of our necessities and the setting forth of your glory; through Jesus Christ our Lord. Amen.

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. Amen.

O Lord, arise and help us;  
*And deliver us for your Name's sake.*

O God, we have heard with our ears, and our forebears have declared to us, the noble works that you did in their days, and in the time before them.

O Lord, arise and help us;  
*And deliver us for your Name's sake.*

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and ever shall be, world without end. Amen.

O Lord, arise and help us;  
*And deliver us for your Name's sake.*

From our enemies defend us, O Christ;

*Graciously behold our afflictions.*

With pity behold the sorrows of our hearts;

*Mercifully forgive the sins of your people.*



With favor hear our prayers;  
*O Son of David, have mercy upon us.*  
Be pleased to hear us, O Christ;  
*Graciously hear us, O Christ; graciously hear us,*  
*O Lord Christ.*

Look mercifully, O Father, on our infirmities; and, for the glory of your Name, rescue us from all those evils we now endure; and grant that in all our troubles we may put our whole trust and confidence in your mercy, serving you in holiness and purity of life, to your honor and glory; through our only Mediator and Advocate, Jesus Christ our Lord. *Amen.*

## PRAYING THE TEN COMMANDMENTS

God spoke these words and said: I am the Lord your God. You shall have no other gods but me.

*Lord, have mercy upon us, and incline our hearts to keep this law.*

You shall not make for yourself any idol.

*Lord, have mercy upon us, and incline our hearts to keep this law.*

You shall not take the Name of the Lord your God in vain.

*Lord, have mercy upon us, and incline our hearts to keep this law.*

Remember the Sabbath day and keep it holy. People

*Lord, have mercy upon us, and incline our hearts to keep this law.*

Honor your father and your mother.

*Lord, have mercy upon us, and incline our hearts to keep this law.*

You shall not murder.

*Lord, have mercy upon us, and incline our hearts to keep this law*

You shall not commit adultery.

*Lord, have mercy upon us, and incline our hearts to keep this law.*

You shall not steal.

*Lord, have mercy upon us, and incline our hearts to keep this law.*

You shall not bear false witness against your neighbor.

*Lord, have mercy upon us, and incline our hearts to keep this law.*

You shall not covet.

*Lord, have mercy upon us, and write all these, your laws, in our hearts, we beseech you.*

Exodus 20:1-17; Deuteronomy 5:6-21

# PRAYERS FOR VARIOUS OCCASIONS

## FOR GROWTH AND CONFIDENCE

### ON CHRIST'S RULE OF OUR HEARTS

O God, because without you we are not able to please you, mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

### TO BE MADE WORTHY OF OUR CALLING

Remember, O Lord, what you have wrought in us and not what we deserve; and, as you have called us to your service, make us worthy of our calling; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

## FOR HEARING THE VOICE OF THE LORD

O God, whose Son Jesus Christ is the Good Shepherd of your people: Grant that, when we hear his voice, we may know him who calls us each by name, and follow where he leads; who, with you and the Holy Spirit, lives and reigns, one God, for ever and ever. Amen.

## FOR THE FEAR OF THE LORD

O Lord, you never fail to support and govern those whom you bring up in your steadfast love and fear: Keep us, we pray, under your continual protection and providence, and give us a perpetual fear and love of your holy Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

## FOR INNER RENEWAL THROUGH THE WORD

Gracious God and most merciful Father, you have granted us the rich and precious jewel of your holy Word: Assist us with your Spirit, that the same Word may be written in our hearts to our everlasting comfort, to reform us, to renew us according to your own image,

to build us up and edify us into the perfect dwelling place of your Christ, sanctifying and increasing in us all heavenly virtues; grant this, O heavenly Father, for Jesus Christ's sake. Amen.

FOR THE RESTLESSNESS OF THE HUMAN HEART Heavenly Father, you have made us for yourself, and our hearts are restless until they rest in you: Look with compassion upon the heartfelt desires of your servants, and purify our disordered affections, that we may behold your eternal glory in the face of Christ Jesus; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

FOR QUIET CONFIDENCE

O God of peace, who hast taught us that in returning and rest we shall be saved, in quietness and in confidence shall be our strength: By the might of thy Spirit lift us, we pray thee, to thy presence, where we may be still and know that thou art God; through Jesus Christ our Lord. Amen.

## FOR DAILY DYING TO SIN

O God, who for our redemption gave your only begotten Son to die upon the Cross, and by his glorious resurrection delivered us from the devil and the power of death: Grant us grace to die daily to sin, that we may live with him in the joy of his resurrection; who lives and reigns with you and the Holy Spirit, now and for ever. Amen.

## FOR REPENTANCE AND WITHSTANDING TEMPTATION

### TO WITHSTAND THE WORLD, THE FLESH, AND THE DEVIL

O Lord God, grant your people grace to withstand the temptations of the world, the flesh, and the devil, and with pure hearts and minds to follow you, the only God; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

## FOR THOSE WHO ARE DECEIVED

O God of truth and love, who desires not the death of sinners but rather that they should turn from their wickedness and live: Look with mercy on those who are deceived by the lies of the world, the flesh, and the devil; that the hearts of those who have gone astray may be restored to wisdom and return to the way of truth in the unity of your holy Church; through Jesus Christ our Lord. Amen.

## FOR CHRIST TO BEAR US THROUGH EVERY TEMPTATION

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.



## FOR HUMAN FRAILTY

O God, you know that we are set in the midst of many grave dangers, and because of the frailty of our nature we cannot always stand upright: Grant that your strength and protection may support us in all dangers and carry us through every temptation; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

## FOR FREEDOM FROM BONDAGE TO SIN

Set us free, loving Father, from the bondage of our sins, and in your goodness and mercy give us the liberty of that abundant life which you have made known to us in our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and forever.

FOR THOSE WHO HAVE GONE ASTRAY TO BE  
BROUGHT BACK TO THE UNCHANGEABLE  
WORD OF CHRIST

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. Amen.

## FOR UNCERTAINTIES AND EVERYDAY LIFE

### FOR UNCERTAINTIES IN THE MORNING

This is another day, O Lord. I know not what it will bring forth, but make me ready, Lord, for whatever it may be. If I am to stand up, help me to stand bravely. If I am to sit still, help me to sit quietly. If I am to lie low, help me to do it patiently. And if I am to do nothing, help me to do it gallantly. Make these words more than words, and give me the Spirit of Jesus. Amen.

### TO NOT BE LEFT COMFORTLESS

O God, the King of glory, you have exalted your only Son Jesus Christ with great triumph to your kingdom in heaven: Do not leave us comfortless, but send us your Holy Spirit to strengthen us, and exalt us to that place where our Savior Christ has gone before; who lives and reigns with you and the Holy Spirit, one God, in glory everlasting. Amen.

## FOR DOUBTS AND UNCERTAINTIES

O God, by whom the meek are guided in judgment, and light rises up in darkness for the godly: Grant us, in all our doubts and uncertainties, the grace to ask what you would have us do, that the Spirit of wisdom may save us from all false choices; that in your light we may see light, and in your straight path we may not stumble; through Jesus Christ our Lord. Amen.

## FOR THOSE WHO SERVE OTHERS

O Lord our heavenly Father, whose blessed Son came not to be served, but to serve: We ask you to bless all who, following in his steps, give themselves to the service of others; endue them with wisdom, patience, and courage, that they may strengthen the weak and raise up those who fall, and, being inspired by your love, may worthily minister to the suffering, the friendless, and the needy; for the sake of him who laid down his life for us, your Son our Savior Jesus Christ. Amen.

## TO FRUSTRATE THE DESIGNS OF EVIL TYRANTS

Receive, we pray, into the arms of your mercy all innocent victims; and by your great might frustrate the designs of evil tyrants and establish your rule of justice, love, and peace; through Jesus Christ our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. Amen.

## IN TIMES OF SOCIAL CONFLICT OR DISTRESS

Increase, O God, the spirit of neighborliness among us, that in peril we may uphold one another, in suffering tend to one another, and in homelessness, loneliness, or exile befriend one another. Grant us brave and enduring hearts that we may strengthen one another, until the disciplines and testing of these days are ended, and you again give peace in our time; through Jesus Christ our Lord. Amen.

## FOR THOSE AFFLICTED WITH MENTAL SUFFERING

Almighty God, whose Son took upon himself the afflictions of your people: Regard with your tender compassion those suffering from anxiety, depression, or mental illness; bear *their* sorrows and *their* cares; supply all *their* needs; help *them* to put *their* whole trust and confidence in you; and restore *them* to strength of mind and cheerfulness of spirit; through Jesus Christ our Lord. Amen.

## IN PAIN

Lord Jesus Christ, by your patience in suffering you hallowed earthly pain and gave us the example of obedience to your Father's will: Be near us in our time of weakness and pain; sustain us by your grace, that our strength and courage may not fail; heal us according to your will; and help us always to believe that what happens to us here is of little account if you hold us in eternal life, our Lord and our God. Amen.